

## **Attending Church**

- ❖ It is important for each Christian to attend church every Sunday in addition to the holidays.
- ❖ Present at every Divine Liturgy is the Holy Spirit as well as the Holy Glorious Angels and Archangels, the Cherubim and Seraphim, the most blessed Mother, Virgin Mary, the Holy Apostles, the martyrs, prophets, the righteous of the heavenly church. The Divine Liturgy is a well of strength, eternal medicine and spiritual food for eternal life. Please do all that you can to be there.
- ❖ Go to [www.st-demetrios.org/participating.htm](http://www.st-demetrios.org/participating.htm) to learn about entering the narthex, church and other “etiquette” tips.